

The plan built to help you stay healthy and save money

Welcome to wellness

Your benefit plan provides you with interactive programs and tools to help manage your care. We want to make it easier for you to stay engaged in your health.

Sign up to get:



Complete virtual care from your mobile device. Skip trips to the clinic with 24/7 access to doctors who can diagnose, treat and prescribe. HealthiestYou allows you to connect with mental health providers, dermatology providers, neck and back care specialist and expert medical providers. Potentially save money by comparing pricing for procedures and prescriptions. Use the app to view your deductible in real time.

24/7 Virtual Visits

Connect with a doctor 24/7. Speak to a doctor by phone or video for help with non-emergency care – anytime, anywhere.



A personalized digital experience designed to help you with a healthier lifestyle. Learn your Rally Age and get custom recommendations to help you meet your health goals.

myuhc.com®

Access to your health plan 24/7. Learn what your plan covers, how to obtain care, find a network provider, and even submit an appeal, claim or contact us.



Don't have access to a computer, need language assistance or want to talk to us?

Call **1-877-797-8812**.



HealthiestYou and the HealthiestYou logo are registered trademarks of Teladoc Health, Inc., and may not be used without written permission. HealthiestYou does not replace the primary care physician. HealthiestYou does not guarantee that a prescription will be written. HealthiestYou operates subject to state regulation and may not be available in certain states. HealthiestYou does not prescribe DEA-controlled substances, non-therapeutic drugs, and certain other drugs that may be harmful because of their potential for abuse. HealthiestYou physicians reserve the right to deny care for potential misuse of services.

HealthiestYou is not health insurance. HealthiestYou is designed to complement, and not replace, the care you receive from your primary care physician. HealthiestYou physicians are an independent network of doctors who advise, diagnose, and prescribe at their own discretion. HealthiestYou physicians provide cross coverage and operate subject to state regulations. Physicians in the independent network do not prescribe DEA controlled substances, non-therapeutic drugs and certain other drugs which may be harmful because of their potential for abuse. HealthiestYou does not guarantee that a prescription will be written. Services may vary by state. HealthiestYou by Teladoc® and UnitedHealthcare are not affiliated and each entity is responsible for its own contractual and financial obligations.

Rally Health® provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the Health Survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

24/7 Virtual Visits phone and video chat with a doctor are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

All trademarks are the property of their respective owners.

Administrative services provided by United HealthCare Services, Inc. or their affiliates, and UnitedHealthcare Service LLC in NY. Stop-loss insurance is underwritten by All Savers Insurance Company (except CA, MA, MN, NJ and NY), UnitedHealthcare Insurance Company in MA and MN, UnitedHealthcare Life Insurance Company in NJ, UnitedHealthcare Insurance Company of New York in NY, and All Savers Life Insurance Company of California in CA.